



## Sesame Street in Communities Workshop

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**Is pre-K so invaluable that it requires special measures to make it a reality?**

**Approved CS-2018-0028-0008**

**Core Competencies: (4.1.1a, 4.1.1b, 4.3.1a, 4.3.3a)**

**Town Square – Session 1**

In an effort to provide quality education to more of Kansas City's youth, Mayor Sly James is promoting a new sales tax on the April ballot that would fund free or subsidized pre-K for thousands of Kansas City kids. While almost everyone can agree access to pre-K education should be expanded, some residents and school officials have reservations, citing outstanding questions about how the money is distributed, who oversees and manages the program and how outcomes will be measured. In this 60-minute panel conversation, KCPT's Nick Haines examines the merits, funding and impact on educators of the upcoming Pre-K tax election.

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**A is for Asthma**

**Approved CS-2018-0028-0002**

**Helen Murphy, Children's Mercy Hospital - Asthma Coordinator**

**Core Competencies: (5.2.1a, 5.2.1b, 5.2.2a, 5.2.3a, 5.2.4a)**

**Kansas City Room – Sessions 2 & 3**

Millions of children have asthma and they still lead healthy, active lives. By following a plan, you can help control kids' asthma and prevent attacks. Knowing the facts and being prepared will help keep kids healthy — and allow everyone to breathe a little easier. In this session you will gain knowledge of asthma and its management in the classroom through interactive activities. You will also learn fun ways to teach your students about asthma using music, games and other activities. It is important for the teacher, as well as the children to know what to do if they see a fellow student having problems breathing.

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**Adverse Childhood Experiences (ACEs) in Hispanic Communities:**

**Can Early Childhood Educators, Leaders and Advocates Become Miracle Workers?**

**Approved CS-2018-0028-0009**

**Mabel Tinjaca, Ph.D.**

**Core Competencies: (5.4.1b, 5.4.1d, 5.4.2d, 5.4.3a, 5.4.5a)**

**Paseo Room – Sessions 2 & 3**

Miracles are born all around us every day. These miracles are biologically programmed to learn, to grow and to live in the community. Too many of these very young miracles face unthinkable challenges that sculpt either meaningful or destructive lives. These challenges are called Adverse Childhood Experiences, or ACEs. We will discuss what Adverse Childhood Experiences (ACEs) are and how they are measured; the effect they have on the physical and emotional development of young children; and resources that are available for early childhood professionals.

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## **Coping with Incarceration**

**Approved CS-2018-0028-0001**

**M. Ann Thomas, LCSW — President/CEO, The Children's Place**

**Core Competencies: (2.1.1.b, 2.1.2a, 2.4.1c, 2.4.2d)**

**Troost Room – Session 2**

The incarceration of a loved one can be overwhelming for both children and caregivers. Because of the feeling of stigma, it takes special effort to start important conversations and answer kids' questions. But parents can comfort children and guide them through difficult moments just by talking. With love and support, the family can cope with the challenges of incarceration together.

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## **Healthy Bodies, Healthy Minds:**

**Getting Kids Moving so They Can Thrive in the Classroom**

**Approved CS-2018-0028-0004**

**Dr. Rupal Gupta — Children's Mercy; Medical Director, Operation Breakthrough**

**Core Competencies: (5.3.1.a, 5.3.1.b, 5.3.2.b)**

**Brush Creek Room – Session 2**

How do play, physical activity and health intersect? Children love to play — anytime, anywhere and with almost anything. As they do so, they're exploring the world around them and practicing important skills crucial to brain and physical development. Being active together helps channel kids' natural energy and keeps them healthy and strong. In this session, we will learn and share ways to keep children active in the classroom. We will discuss common health issues faced in the classroom, how they can impact physical activity, and how you can help meet kids' needs. Come and learn how play and physical activities can easily be in place using Sesame Street in Communities as your curriculum.

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## **Help, Hope and Healing: How to Help Young Children Heal from Traumatic Events**

**Approved CS-2018-0028-0003**

**M. Ann Thomas, LCSW — President/CEO, The Children's Place**

**Core Competencies: (2.4.1.a, 2.4.1.b, 2.4.1.c)**

**Troost Room – Session 3**

One in four children in the United States will experience an event that may cause physical, emotional or psychological distress and may threaten their safety, health and happiness in big and lasting ways. But with the latest research, the power of healing relationships (and a little help from Big Bird), these experiences do not have to define a child's life. This session will provide an overview about trauma and how it impacts the developing young child. We will explore how the Sesame Street in Communities resources can help adults navigate this difficult period in a child's life and promote hope and healing.

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**Literacy - Making Sense of Numbers and Letters in Our Environment**

**Approved CS-2018-0028-0006**

**Autumn Burton, Literacy KC - Director of Programs**

**Core Competencies: (2.3.1a, 2.3.1b, 2.3.2a, 2.3.2b)**

**Brush Creek Room – Session 3**

Children observe adults displaying literacy every day – from participating in conversations, singing songs, following recipes, spending money and much more. Intentional interactions, activities and environments can help children understand the many components of literacy guiding them to make informed decisions in their future. Join us as we explore ways to embed literacy in the classroom through interactions, activities and the environment.

**Sesame Street in Communities Workshop**  
**Schedule Listings**

<p><b>SESSION 1</b>  <b>8:00 – 9:00 AM</b></p>	<p><b>SESSION 2</b>  <b>9:10 – 10:10 AM</b></p>	<p><b>SESSION 3</b>  <b>10:30 – 11:30 AM</b></p>
<p>Is pre-K so invaluable that it requires special measures to make it a reality?</p>	<p>A is for Asthma</p> <p>Adverse Childhood Experiences (ACEs) in Hispanic Communities</p> <p>Coping with Incarceration</p> <p>Healthy Bodies, Healthy Minds: Getting Kids Moving so They Can Thrive in the Classroom</p>	<p>A is for Asthma</p> <p>Adverse Childhood Experiences (ACEs) in Hispanic Communities</p> <p>Help, Hope and Healing: How to Help Young Children Heal from Traumatic Events</p> <p>Literacy - Making Sense of Numbers and Letters in Our Environment</p>